

PRESS RELEASE



FOR IMMEDIATE RELEASE

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DEDICATED STUDENT VOLUNTEER MAKES CENTURY OF HOURS

Yeovil College student James Bell has been recognised for completing over 100 hours of community volunteering.

James, a second year BTEC National Diploma Sport student, was presented with a Silver Award in recognition of his achievement at the Somerset Step into Sport Conference held at Millfield School.

James is a keen sportsman, who competes in hockey and gymnastics and regularly assists at three local sports clubs in his spare time - Gryphon West Gymnastics Club, Yeovilton Swimming Club and Sutton Bingham Canoe Club.

James (17) of Yeovil said *"All my volunteering is sports related. I help out generally and do some coaching with small groups. I didn't really aim to do so many hours – I've just worked and it just built up and I didn't realise. I was doing things that I enjoyed, so it was easy to lose track!"* James hopes to study Sport at university before training to be a school teacher.

FE Sports Co-ordinator Kath Purnell said *"We're all very proud of James and his hard work. The many hours that he commits each week require a great deal of dedication and it is testament to the quality of sports volunteers that Yeovil College produces. James is one of many young Yeovil College leaders and volunteers who support local clubs in the community. It is fantastic that they want to get involved."*

The students volunteer through the Step into Sport programme, which is run by the Youth Sport Trust. Through the scheme, young people aged 14 to 16 offer to manage and help with sporting events, allowing them to develop greater confidence and leadership and management skills. The Step into Sport programme plays a big part in Yeovil College's sport courses, giving students the chance to gain experience, knowledge and skills which will be of great benefit to them in their future careers.

For more information about Sport courses available at Yeovil College and the University Centre Yeovil (UCY), please visit www.yeovil.ac.uk or www.ucy.ac.uk.

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Notes to Editors

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For more information on Step into Sport, please visit <http://www.youthsporttrust.org/page/step-into-sport/index.html>.
For more information about Yeovil College's Sport courses, please visit www.yeovil.ac.uk.